Love Apple Farms

Organization/Agency: Love Apple Farms
Supervisor/Sponsor: Cynthia Sandberg  Supervisor/Sponsor title: Farmer/Owner
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# of interns needed/Hours 4 to 6   Needed for quarters: All

Describe the internship assignment: Would like to have someone interested in learning more about biodynamic agriculture come intern for this unique farm. We grow over 300 different varieties of fruits, vegetables, edible flowers and herbs for one of the world’s finest restaurants. The chef is committed to biodynamic growing, and we are transitioning to that exclusively and will be applying for Demeter certification next year. The relationship with the restaurant enables us to grow many varieties of produce not usually marketed due to their difficulty or because they are not normally purchased by consumers (such as rare Asian cultivars or white tomatoes).

The farm is gaining an international reputation due to its partnership with the world-famous restaurant, and interns working here can expect to gain experience that would enable them to follow this example into a new and exciting opportunity for small farms nationwide. Small farms are able to survive in this “big-Ag” world by marketing directly to consumers via farmers markets and CSAs. The new frontier will be partnerships with restaurants as well.

Possible intern projects here could include testing the effects of biodynamic preparations on compost quality, developing a biodynamic feed/forage program for our chicken laying flock, testing various cover crops for individual crop efficacy, developing a year round diverse edible flower crop, tracking and developing cultivars suitable for low temp summer growing, creating a program to control wireworm, cutworm, and other burrowing pest problems, developing an effective biological or trap control for cabbage looper moths, searching for, acquiring, and testing new cultivars of exotic fruits and vegetables, developing a beneficial insect vegetation area for the farm.


Our interns and apprentices are allowed to attend our classes at no cost, dependent on space availability of course. We also request that our interns assist in the workshops too, which is an opportunity for them to learn as well.

Many of our interns have transitioned to paid staff positions at the farm.

Prerequisites: Outline the skills and background information necessary to participate in this internship.

- An interest in biodynamic or organic agriculture.
- Someone reliable, hardworking, preferable someone experienced in the basics of horticulture, gardening, or farming (although not a requirement).